

the CHALKBOARD

February 2008

Volume 1 - Issue 6

San Diego Christian Homeschools' Newsletter

In all your ways acknowledge him, and he will make your paths straight.

Proverbs 3:6

Homeschoolin' insights for Dads

Guys- Have you ever wondered what that homeschooling thing is that your wife talks about? If you do, then you're probably alone....

If you find yourself picking up this newsletter for the first time, it's probably because you were forced to read it (by someone sitting next to you right now hovering over your shoulder). I know that your heart is pounding and the anxiety of not knowing what is coming next is about to overtake your thoughts, take a deep breath. I've been there brother. You're right to be afraid....

If I'm not mistaken, you probably have a choice to make right about now. You can continue reading this article despite the drops of sweat flowing from your forehead, smearing the ink as you read. Or, you can quickly blurt out "I love you" and hope for the best...

It doesn't have to be like this so, grab a towel and keep reading.

Many homeschool dads have suffered from their ignorance, blindly coming home to their sanctuary only to be caught off-guard by a vicious, surprise attack from the ones they love so dearly. When you find yourself in this situation, inevitably, demon possession comes to mind but, you quickly rule that out as you can't readily discern anyone's head twisting around 360 degrees. Sleep deprivation... A possible cause, yes... You wonder to yourself, what could possibly be wrong with these people. It's not like they have to work all day long....

You just heard yourself say that out loud.... Not good.

In an instant, your senses have vanished. You're not sure where you are. You can't remember the name of the person standing above you slightly spraying on your face as she waves her hands and moves her mouth.... You suddenly realize that you can't hear anything.

As the blur in your vision subsides, it happens.... Your senses come back to you. All at once!

You immediately close your eyes and begin to pray. It's your only hope now. Or, is it...

Guys, if this hasn't happened to you yet, it's because you just recently started homeschooling. Don't despair; I have good news for you. There is a place that guys can go to pray for one another, have fun with one another, learn from one another and, help prevent these unseemly incidents. It's called SDCH.

If this is your first time reading this newsletter, I encourage you to go through the whole thing. There are several opportunities for guys to get together whether it is "cheesy movie nights", game nights or, timely prayer nights. While it seems like a place for moms and kids, I would like you to know that my fellow brothers and I helped create SDCH with you in mind. Even more so, our lovely brides who have worked tirelessly this year getting SDCH off the ground came together with a heart to engage and encourage families.

While I know that many of you guys have never experienced the kinds of situations I've described above.... I have. If you're one of these guys, I need your wisdom. But, that's me.

For those of you who never want to see this day. Get connected.... Now.

Kevin Host,
SDCH Husband, Member-at-large, Recovering Ignoramus, Homeschoolin' Dad

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San Diego Christian Homeschools

Park Day Schedule

Park Days are scheduled for the second Friday of each school month at 2:00pm. Park Days that are rained out will be rescheduled.

Park Days remaining this year:

February 8th	Standley Park (Golden Triangle) (Valentine Exchange)
March 14th	Camino Ruiz Park (Mira Mesa) (Kites)
April 11th	Tierrasanta Community Park (Swiftkick Demo)
May 9th	Nobel Athletic Park (Univ City) (Library field trip)
June	No Park Day Join us for the End of Year Party
July	No Park Day Check website for summer events/activities

February Park Day – Valentine Exchange

Friday, February 8, 2007, at 2:00
Standley Park in the Golden Triangle area (just off the 805 freeway)
3585 Governor Drive, San Diego, CA 92122

Love is in the air at February's Park Day. Please plan to join us for our annual children's Valentine exchange. Have each of your children who plan to participate bring about 24 to 36 pre-signed Valentines in a plastic or paper bag. Just have them write their name on the "from" field and leave the "to" field blank or they can write "friend" or "you" if they like. For young children it is okay if Mom or Dad writes the name on each Valentine (or use name stickers printed from your computer). Also please have each of your children who plan to participate bring a separate bag or small box (something like a shoe box or a gift-bag that will stand up on it's own – they can even decorate it ahead of time if they want to). Put the child's first and last name somewhere on this box/bag. It is for receiving Valentines from the other children so it should be empty when you arrive at Park Day (do not bring your own Valentine's to the Park inside of it as you will have no place for the other children to "deliver" their Valentine's to you). When you leave Park Day that afternoon, you will have a box (or bag) full of colorful cards and notes from friends.



At the Bunco Party, the kids wait for a ruling on the use of the monkey in place of a die.

March Park Day – Kites!!!

Friday, March 14, 2007, at 2:00
Camino Ruiz Neighborhood Park in Mira Mesa
At the north end of Camino Ruiz at the corner of Calle Cristobal

Spring is fast approaching and with it optimal kite flying winds. To this Park Day please bring your kites and lots of string – Camino Ruiz is the perfect park at which to fly them. If you would like to make your own kite to fly at Park Day, it may be helpful to visit the award-winning and popular website "Skratch-Pad" at <http://www.skratch-pad.com/kites> where you will also learn about the fascinating history of kites and clever uses for them.

Other than your own personal reasons for homeschooling your children, add these light-hearted thoughts to your list:

1. Your kids will never tell you that you're not as smart as their teacher.
2. You can post the Ten Commandments on your "school room" wall and won't get sued.
3. You never have to drive your child's forgotten lunch to school.
4. The only debate about "school lunch programs" is whose turn it is to cook.
5. If you ever get caught talking to yourself, you can say you are having a PTA meeting.
6. You can be slightly concerned about socialization rather than very concerned about socialism.
7. If you can't find matching socks for your child first thing in the morning – who cares?

*O LORD, You are my God;
I will exalt You, I will give thanks to
Your name;
For You have worked wonders,
Plans formed long ago, with perfect
faithfulness.*

-- Isaiah 25:1

February 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Homeschool Day at Disneyland 7:00 Dad's Cheesy Movie Night	2 Groundhog Day 10:15 American Girl Club
3	4 6:30 Board Meeting	5 2:00 P.E. Class & Parent meeting	6 Ash Wednesday Karate	7 11:00 Calif. Mission Introduction 2:00 Art Class	8 2:00 Park Day	9
10	11	12 2:00 Presidential Fitness Class	13 Karate	14 Valentine's Day 2:00 Art Class	15 Wycliffe Publisher's Field Trip	16
17 Improv comedy for kids by kids	18 President's Day	19 2:00 P.E. Class	20 Karate	21 2:00 Art Class	22 12:00 Dog Day at Doyle 7:00 Dad's Night	23
24	25 Field Trip to Mission San Diego de Alcalá	26 2:00 Presidential Fitness Class	27 10:00 Veteran's Museum tour & history presentation Karate	28 2:00 Art Class	29 2:00 Girl's Book & Tea Club 7:00 Mom's Encouragement Meeting	

March 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10:15 American Girl Club
2	3	4 7:00 Train ride to Surf Museum 2:00 P.E. Class	5 Karate	6 11:45 Old Mission Dam 2:00 Art Class	7 3:00 Boy's Boat Building	8
DST begins 9	10 6:30 Board Meeting	11 2:00 Presidential Fitness Class	12 Karate	13 2:00 Art Class	14 2:00 Park Day	15 7:00 SDCH Game Night
Palm Sunday 16	17 St. Patrick's Day	18 9:45 Field Trip San Luis Rey Mission 2:00 P.E. Class	19 Karate	20 2:00 Art Class	21 Good Friday	22
Easter 23	24	25 2:00 Presidential Fitness Class	26 Karate	27 2:00 Art Class 7:00 Mom's Encouragement Meeting	28 2:00 Girl's Book & Tea Club 7:00 Dad's Night	29
30	31					

San Diego Christian Homeschools
presents
2007-08 P.E. Classes and Presidential Fitness Program

Days/Time: Tuesdays throughout school year, at 2:00 pm
See schedule and lesson plan on website

Location: Mira Mesa Rec Center on New Salem Street

Cost: Free for members of SDCH,
\$5 per child for non-members for the remainder of
the school year

Optional Items: at year-end the Presidential Awards will cost
each participant about \$3

Bring: Please bring your own water bottles and wear
sunscreen and/or a hat or visor to P.E.

Contact: Lisa Vaca at lisa@starbasejeff.com for
questions/comments

Website: Visit SDCH on the web at
www.sdChristianHomeschools.com
for P.E. schedule

BRAIN HIGHWAYS

Adventures Trails by **Brain Highways** is 68 fun physical activities organized in fifteen packages to be used at home or at school. The program includes full color photos and video clips of the activities in action to help demonstrate the correct methods for each activity. With easy instructions and support pages for parents and teachers, this program is easy to follow and understand. Connections and correlations between the activities and brain development are explained in short, easy-to-read articles on neurological organization, sensory processing, the vestibular system, the proprioceptive system, the tactile system, and other related research. Go to www.BrainHighways.com for more details.

For Kids: Adventure Trails offers balance and coordination challenges in fun, non-threatening ways.

For Adults: Adventure Trails offers quick, easy-to-read pages that teach why those specific movements are so important to brain development.

Used in multiple ways -- from birthday parties to family fun to integrating the challenges into your curriculum --Adventure Trails

Class Schedule

February 5 – P.E.
February 12 – Presidential Fitness
February 19 – P.E.
February 26 – Presidential Fitness
March 4 – P.E.
March 11 – Presidential Fitness
March 18 – P.E.
March 25 – Presidential Fitness
April 1 – P.E.
April 8 – Presidential Fitness
April 15 – P.E.
April 22 – Presidential Fitness
April 29 – 5th Tuesday of the month, no P.E.
May 6 – P.E.
May 13 – Presidential Fitness
May 20 – P.E.
May 27 – Presidential Challenge Awards

makes it easy and fun to do the movements and exercises that help to improve children's coordination, attention span, and ability to learn.

PRESIDENTIAL PHYSICAL FITNESS AWARD

American children have been earning the **Presidential Physical Fitness Award** since 1966. Each of the five items in the President's Challenge Physical Fitness Test measures a specific aspect of fitness.

Those who complete the President's Challenge physical fitness test items and reach or exceed the 85th percentile are eligible to receive the Presidential Award for outstanding achievement (blue).

Those who complete the President's Challenge physical fitness test items and exceed the 50th percentile on all of the test items, but who do not achieve the 85th percentile on one or more, qualify for the National Award (red).

Those who participate in and complete the President's Challenge physical fitness test, but do not meet the 50th percentile on all test items, qualify to receive the Participant Award (white),

Earning any of these awards should bring pride to you. We encourage you to try for improvement from year to year. Remember that people who are trying to be fit and active are all winners!

The Physical Fitness Test Items are:

1. Curl-ups or partial curl-ups (for abdominal strength and endurance).
2. Endurance run/walk (for heart/lung endurance).
3. Pull-ups or right-angle push-ups (for upper body strength and endurance).
4. Shuttle run (for leg strength, power and agility).
5. V-sit reach or sit and reach (for lower back and hamstring flexibility).

www.presidentschallenge.org

Physical Fitness Second Semester Orientation

Date: Tuesday, February 5, 2008
Time: 2:00 pm
Location: Mira Mesa Recreation Center
New Salem Street

Contact: Lisa Vaca at lisa@starbasejeff.com

Attention all P.E. families: As per the P.E. schedule, on this day we will be playing dodge ball and starting on our Brain Highways Adventure Trail #9. This day will also present a chance for us to have a brief orientation meeting regarding the 2nd half of the school-year at it pertains to the P.E. group. Please do not miss out on this brief but important meeting.

P.E. Hike

Date: Tuesday, April 29, 2008
Time: 10:30 am
Location: Penasquitos

More details will be available at P.E. classes and in the March newsletter.



Art Class How Great Thou Art

This art class is a comprehensive beginner's art course for students 6 and up. Sections covered in this class are: Beginning Drawing, How to use colored Pencils, Blending with Watercolor Markers & Beginning Painting. This class also includes some art appreciation and art journaling.

Dates: Thursdays weekly
Time: 2:00 – 3:30 pm
Location: The home of Bea Host
(address available upon request)
Rancho Penasquitos

Contact: Bea Host at beahost@san.rr.com

**No classes April 3-17
Last class day May 28, 2008**

American Girl Club



Date: First Saturday of each month
Time: 10:15 am

Location: Berean Christian Store
8807 Clairemont Mesa Bl
Clairemont Mesa
(800) 285-8121

Make new friends and meet fellow fans of American Girl dolls and books each month at Berean. Bring your American Girl doll and invite your friends for a time of sharing and crafts. This event is sponsored by Berean Christian Store. It is free and open to the general public. For details please telephone the store directly.

Dad's Cheesy Movie Night

Read Kevin's article and looking for a way to get in touch with the group? What article, you say? I guess that was kind of his point... Well, are you looking for a way to connect with other homeschool dads? Looking to escape from the grim realities assailing you from all directions?

Then come on out to the monthly Dad's Cheesy Movie Night, put on by our own Men's Ministry leader, Wayne McBrayer. Have a blast losing yourself in the very worst that 50s and 60s cinema had to offer as Wayne breaks out another sci-fi 'classic'.

Date: Friday, February 1, 2008
Time: 7:00 pm
Location: Wayne McBrayer's lair
(address available upon request)
Mira Mesa

Ages: This is a Dads-only event, but maturity is optional
Cost: Only a few brain cells, and maybe some dignity
Contact: Wayne McBrayer at
vadertyme@aol.com

Homeschool Day at Disneyland

Date: Friday, February 1, 2008
Time: 9:00 am to 11:00 pm
Location: Disneyland Resort, Katella Ave, Anaheim, CA
Cost: General admission varies
please see park website at www.Disneyland.com

Join hundreds of homeschoolers from all over the world at the 2nd annual "unofficial" homeschool day at Disneyland in Anaheim, CA. For more information please go to the website www.OChomeschooling.com/Disney or register with the grassroots Disneyschooling Yahoo group at <http://groups.yahoo.com/group/disneyschooling/>.

California Missions Co-op Introduction

Date: Thursday February 7, 2008
Time: 11:00 am
Location: Presidio Park
(meet in the parking lot in front of Serra Museum)

Ages: all ages are welcome to attend
Contact: Lisa Vaca, at lisa@starbasejeff.com

Get ready to learn all about the historical California Missions as we prepare to visit three of them and make a Mission Project of our own. This field trip will serve as an introduction to our Missions Co-Op.

Afterward there is an optional Museum visit with an associated fee.

Wycliffe Bible Translators and Global Recordings Network

Date: Friday, February 15, 2008
Time: 10:00 am (at Wycliffe) & 11:00 am (at GRN)
Location: 41840 Enterprise Circle North
Temecula, CA

Cost: Free
Sign up: At Park Day or P.E.
Contact: Inga Hughes, ihughes@san.rr.com

On this day we will have the opportunity to visit two unique international organizations that happen to share a parking lot in Temecula. We will meet first at Wycliffe at 10:00 a.m. and when we are done there we will walk across the parking lot for our field trip with Global Recordings at 11:00 a.m. You may like to bring a sack lunch for your family.

Wycliffe is an organization that translates the Bible into languages that are previously only spoken. The Wycliffe missionaries live among the people, create a written language, teach it to the people, and write the Bible in their language for them. Additionally, they also help with many practical challenges, such as health care and food production. The main emphasis of Wycliffe's work is getting out the Word of God, but there is much other wonderful work done in the process. You can find out more about Wycliffe at their website: www.Wycliffe.org

Global Recordings Network creates and distributes recordings of the Gospel to various language groups instead of taking the actual language speakers to the people - a low cost way to reach even more language groups. This has been done in regions of Mexico, Indonesia, and other remote locations all around the world in order to reach various tribal groups with the message of salvation. You can learn more about Global Recordings Network at: www.GlobalRecordings.net

Dog Day at Doyle

Date: Friday, February 22, 2008
Time: 12:00 (bring a picnic lunch if you want to)
Location: Doyle Community Park, 8175 Regents Road (near UTC)
Sign-up: At Park Day or contact Lisa to let us know you will be there
Contact: Lisa Vaca, at lisa@starbasejeff.com

Calling all canines! Join your fellow homeschoolers and their four-legged friends for a day of ball-chasing and Frisbee-catching fun. Bring your dog (or dogs) to meet your friends and their dogs at the dog park at Doyle Recreation Center in the UTC area. Don't forget to have your dog wear a leash and remember to practice good dog-owner courtesy while we are there.

If you don't have a dog please feel free to come anyway and play with the dogs that will be there or enjoy the playground. If you would like to "borrow" a dog for this event, the Vaca family will be bringing all three Pugs and would love to have "help" entertaining them all, so you can enjoy one of our dogs while you are there.

Comedy Improv for Kids by Kids

Featuring our own Hunter Imber



Date: Sunday, February 17, 2008
Time: 3:30 pm sharp!
Location: LA Connection Comedy Theater
13442 Ventura Blvd
Sherman Oaks, CA

Cost: \$7.00 (pay at the door – do not pay SDCH)
Sign up: at Park Day or P.E. and we'll save you a seat
Contact: Tracy Imber at Imber3@msn.com

Join the families of SDCH as we take a special trip to see Hunter perform live improvisation comedy at the LA Connection Comedy Theatre. This is a live show appropriate for all ages, as it is put on by children age 14 and younger, so plan to bring the whole family. Tickets are available at the door for \$7.00 per person (please do not pay SDCH for your tickets). Hunter, age 8, is one of the youngest performers in his age group at this theater so we'd like to encourage his SDCH friends to come on out, show their support, and "cheer-him-on".

At the show there will also be some audience interaction, as the performers are continuously getting feedback and information from the audience about each skit. Several people may be asked up to perform on stage with the actors for different skits doing sound effects or being part of an individual performer's piece. This would be a great opportunity to educate our children about improv acting and skit performance, as well as showing them a little bit about the workings of a small professional theater.

Although we are not purchasing group tickets for this event we would like those who plan to attend to please sign up at Park Day or PE so that we can get an idea of how many people are coming (we will need to let the management know if there is a large number). Also it is always nice to see who is signed up for one event or another – if your friends see that you are attending something, they may like to attend as well.

For more information please visit the website www.LAConnection.com

Homeschool Encouragement Meetings

Join us this month for a special mom's night out at the world-famous Studio Diner as we enjoy some classic Americana deserts and tasty coffee (or tea). Visit the website www.StudioDiner.com for a look at their menu and driving directions. Please remember to sign up at Park Day if you plan to attend this time, as we need to make a group reservation.



Our encouragement Meetings are a great way to share personal concerns or "vent" our frustrations, as well as a great place to offer and receive support, suggestions, and prayer in all areas of our lives as Homeschool Moms. We will meet at various coffee spots or cafes around town. No childcare is available, but babies are always welcome. For times/locations or for more information please send an e-mail request to SDCHgroup@yahoo.com or call 858-353-1439 or visit our website at www.sdchristianhomeschools.com.

Next Meeting: Friday, February 29, 2008
Time: 7:00 pm
Location: Studio Diner
4701 Ruffin Road, (off of I-15)
Kearny Mesa

Sign-up: at Park Day so we can make reservations

"Therefore encourage one another and build each other up..."

- 1st Thess. 5:11

Men's outing to see Expelled

Expelled is defined as:

- 1. to drive or force out or away; discharge or eject: to expel air from the lungs; to expel an invader from a country.*
- 2. to cut off from membership or relations: to expel a student from a college.*

Gentlemen, this is our chance as men to get Expelled...I mean not from our families or school or anything like that, but to see a movie that challenges the system and questions why intelligent design can't, or actually, won't be taught in the public schools. With a scheduled release date of next month, I am planning on us to go see this movie not only as an opportunity for a men's night out, but as a reminder of why we choose to homeschool our kids in the first place and why we have Expelled the public schools from teaching our children.

Check out this link for info about this wonderful up and coming movie: <http://www.expelledthemovie.com>

God Bless all of you,

Wayne

Mission San Diego de Alcalá

Please join us as we learn about this fascinating segment of California History at the first of 21 Missions built here in the 18th and 19th centuries. This oldest one built right here in our own back yard. This field trip will be the first in a series of Mission trips designed to help your children with our fun and educational Mission Projects Workshop that SDCH will feature in the spring.

**Please bring a pencil and note pad.
No food or drink allowed on premises.**

Date: Monday, February 25, 2008
Time: to be announced soon

Ages: All ages are welcome to attend but young children must be closely supervised

Costs: The school group fee will be divided among all the SDCH families who participate in the field trip.

Sign-Up: At February Park Day.

Contact: Lisa Vaca, at
VacaFamily@StarBaseJeff.com

Veteran's Museum and Memorial Center

(PLEASE NOTE NEW DATE)

Date: Wednesday, February 27, 2007

Time: 10:00 am

Location: 2115 Park Boulevard
across the street from Balboa Park

Cost: \$3 suggested donation made at the door*

Sign-Up: Please sign up at February Park Day and pick up a detailed brochure with a map to the museum.



To honor our veterans this month the SDCH children and their families will present a large thank you "card" to the brave men and women who have served our country and now volunteer at the Veteran's Museum here in San Diego. Please have your children sign the "card" at Park Day even if you do not plan to attend this

field trip. Also the local veterans have put together a special presentation for school groups this month in honor of Black History Month. Our group has been personally invited to participate in this special event which could be featured on local news programs.

The San Diego Veterans Museum and Memorial Center is one of the very few places you will find that covers all branches of service and is indeed a home for all veteran groups. Don't miss this history-rich presentation and tour by the very special docents who have actually been "over there!" Enjoy this museum's unique collections of memorabilia and artwork dating from the civil war to the present. Our field trip will also feature a fun scavenger hunt game for all ages. This is the place to see and hear history! www.veteransmuseum.org

*** This museum operates on the donations of their daily visitors like us.** The suggested donation is \$3 per person or \$10 per family of four or more. We will not be collecting payments as you sign-up for this but will allow each person or family to give what they feel is appropriate at the door of the museum as we enter. Since the museum is a non-profit 501(c)3 organization your donation is tax deductible.

Girl's Book and Tea Club

Please read and come ready to discuss:

Star of Light

by Patricia St. John

Hamid rubbed the light from his eyes and looked again. He was not dreaming. It was his stepfather! The man watched Kinza as a snake might watch a baby rabbit at play, waiting for the moment to strike. And for one breathless moment Hamid was sure that he would reach out and snatch her away.

Hamid does not want his little blind sister, Kinza, to be sold to a beggar, by their stepfather, so he decides to rescue her. Together they escape from their mountain village to a town where there may be a new home for Kinza. But this is only the start of their adventures. Will Kinza be safe? What will happen to Hamid who dares not go back home?

Set in North Africa, readers will be delighted by yet another of Patricia St. John's exciting, freshly edited, novels.

Pages: 160 (paperback)
Ages: 8-13
CBD: \$5.49

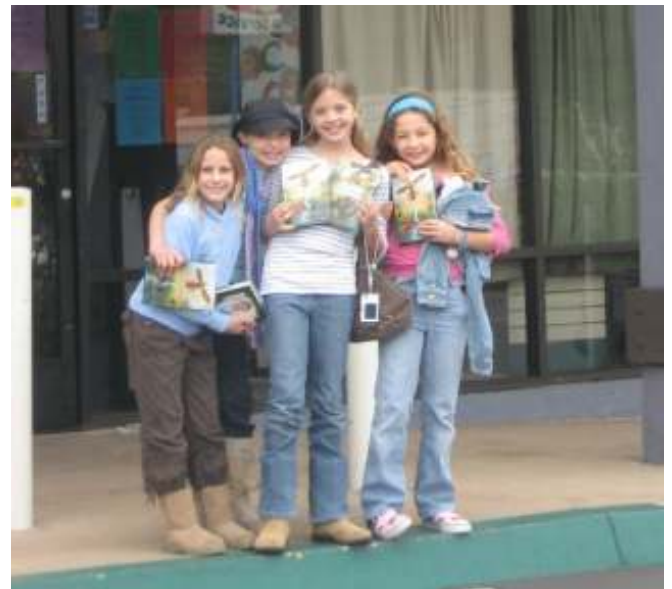
This event is for girls in 5th through 7th grade and their moms.

Next Meeting: Friday, February 29, 2008

Time: 2:00 pm

Location: Bea Host's Home
(address available upon request)
Rancho Penasquitos
Phone number available upon request

Contact: Bea Host at beahost@san.rr.com with questions or request for directions.



Speaking of books, here are some SDCH girls who went to the book signing at Yellow Book Road.



Climb aboard Amtrak's Pacific Surfliner for a half-day trip with your SDCH friends to the "totally radical" California Surf Museum in Oceanside, where we'll experience a unique segment of our state's history.



California Surf Museum

We'll get to experience a fast and fun-filled train trip up the coast of San Diego County to the beloved surf town of Oceanside. The docents at the California Surf Museum have planned a special day for us and will share all about the heritage and culture of the surfing lifestyle which is unique to our southern California. This will be a special look at a popular part of our state's history that is often overlooked in other curriculum, but meets with state teaching standards.

At the end of our visit, we will be given free time to enjoy the museum and possibly walk over to the beach before we board the train for our return trip home.

The cost for the field trip is only \$8 per person (children 24 months and younger are free if they can sit on an adult's lap for the train ride). All payments must be received on or by **February 1st**, please. Make your checks payable to SDCH.

If any space remains, non-members may attend for an additional \$2 per person, please.

Bring a snack or light picnic and something to do on the train trip home.

Date: Tuesday, March 4, 2008
Time: 7:00 am to 2:00 pm
Location: Meet at the downtown train station on Broadway & Kettner

Ages: All ages are welcome to attend
Cost: \$8 per person for age 5 and up (incl. adults)
 \$6 per person for ages 2 through 4
 Free for children under 24 months old
 \$10 for non-members, if there is room
Contact: Lisa Vaca, vacafamily@starbasejeff.com

Trip to the State Capitol

As many of you know, we have been in the planning stages for a trip to Sacramento for some time. We are looking forward to traveling as a group to the State Capitol and other sites of interest.

This event will take place in 2008.

Please contact Wayne McBryer (vadertyme@aol.com) if you would like to help plan this event or if you have any questions.

Old Mission Dam

Lets explore the canyon region of east San Diego county and learn all about the natives and missionaries who worked together to build the Old Mission Dam in the 18th century. This event coincides with our California Missions project but anyone interested is welcome to attend.

Bring a sack lunch if you would like to have a picnic after the tour.

Date: Thursday, March 6, 2008
Time: 11:45 a.m. to 1:30
Location: Old Mission Dam
 Mission Gorge Rd west of Father Junipero Serra Trail (meet at the Visitor's Center)

Ages: All ages are welcome to attend
Costs: Inquire at February Park Day.
Contact: Lisa Vaca, vacafamily@starbasejeff.com

Woodshop for Boys – Boats!

"Every boy should have his own toolbox, simple set of tools, a basic knowledge of how to use them, and the opportunity to build things..."

Date: Friday, March 7, 2008
Time: 3:00 pm
Place: The Vaca's home
 (address available upon request)
 Mira Mesa

Ages: 1st grade and up (young ones will need parent help)
Cost: \$5.00 for SDCH members
 \$7.00 for non-members, please
Sign-up: At Park Day (limit: 10 students only please)
Contact: Jeff Vaca at vacafamily@starbasejeff.com

Please bring your own hammer or order one from Mr. Vaca for \$2.50

Come and learn how to build a small wooden sailboat. You will work with pinewood, sandpaper, a ruler, hammer, brad nails, wood-glue, and paints. When you are finished you will have a nifty little boat to take home with you. Parental help will be necessary for young boys and/or those who haven't much experience working with a hammer and nails. Please remember to have your son(s) bring their own hammer (with name on it) to the class, or you may pre-order one for \$2.50.

Woodshop for Boys will most likely be an event we repeat often, exploring different projects and tools. If you have any suggestions or a desire to lead one of the classes please let us know. Also, these classes would be a great opportunity to introduce your son to woodworking and help him start acquiring basic tools for his very own toolbox.



Someday, will I look this cool? Probably not. But maybe your child can! Just sign up for the woodworking class and it may all come true...

SDCH Game Night!

Studies show that playing games improves social skills, logical thinking, and aids in the development of neuro-pathways (it helps your brain). Join your fellow SDCH families for a night of great board games and fellowship. Bring a snack to share and get ready to have fun!

This is a FUN family event. All ages are welcome and encouraged to play games! We'll even have a special kids-games area set up featuring games for all ages

Date: Saturday, March 15, 2008
Time: 7:00 pm to whenever
Cost: Free for everyone
Location: Jeff & Lisa's house
 (address available upon request)
 Mira Mesa

Sign-Up: At Park Day or...
RSVP: to Jeff & Lisa at vacafamily@starbasejeff.com



Our game nights are very dignified

Mission Projects Workshop & Craft Day



Date: Thursday April 24, 2008
Time: 10:00 am
Location: TBA
Ages: all ages are welcome to attend
Costs: free, bring your own mission

Contact: Lisa Vaca, vacafamily@starbasejeff.com

Be sure to attend as many of the Missions field trips as you can with SDCH and then plan to come to this fun workshop ready to build your own Mission.

SDCH Members' Classified Ads

Multi-Family GARAGE SALE

Books - Curriculum - Educational Toys & Other Household Items

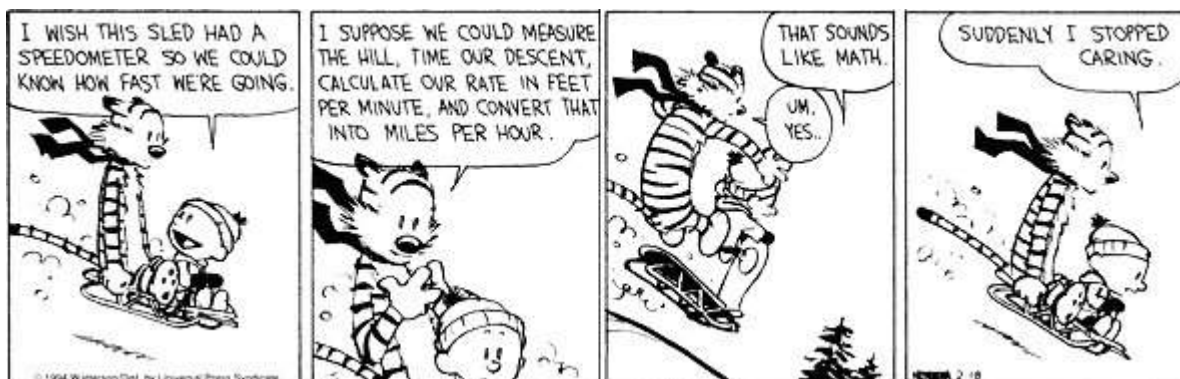
DATE: Saturday, Feb. 2
TIME: 7am-12 Noon
LOCATION: 11460 Casuyoc Place, Mira Mesa
 (Mira Mesa Blvd. to Westcreek, north. Right on Bralorne. Right on Casuyoc Place)

SimplyFun Games Lisa's Clearance Sale

If you enjoy playing fun and unique games with your family and friends please check out the special clearance sale that Lisa Vaca is having this month. The games are all brand-new, still factory sealed, and ready to be given as gifts or to be enjoyed with your own family. If you would like to preview any of the games before you buy them just ask to see our own "demo" of the game(s) you are interested in. Or from the comfort of your own home you may check out the games in detail, along with short videos of the instructions, at the SimplyFun website, www.SimplyFun.com. Sale quantities are very limited (only what we have on-hand) so let us know right away if you are interested in any of these games so we can hold them for you. Here are just a few of the great deals available now:

- Bringing Down The House** – regularly \$40, **Sale \$27**
- Chess On The Loose** – regularly \$36, **Sale \$25**
- Hello Friends** – regularly \$10, **Sale \$5**
- Handy** – regularly \$30, **Sale \$20**
- Plect** – regularly \$32, **Sale \$23**
- Zing** – regularly \$19, **Sale \$12**

Entire list is available by e-mailing Lisa@StarBaseJeff.com



SwiftKick Martial Arts

Strong bodies. Strong minds. Strong choices.

SwiftKick Martial Arts is a freestyle and mixed martial arts program that incorporates self-defense training from a variety of styles of martial arts. Classes are taught in a fun, informative, and safe manner for kids and adults of all ages. In addition to providing valuable, functional self-defense training, SwiftKick Martial Arts also integrates important character tenets in its curriculum. Some of these tenets include courtesy, attentiveness, perseverance, courage, and self-control.

Currently, classes are offered one day a week for students of all ages.

Age	Level	Time	Day	Location
Adults	Beginners	2:45PM - 3:30PM	Wednesday	New Hope Church
Adults	Beginners	7:00 PM - 8:00 PM	Monday	Escondido Center for the Arts
Children 10 to 12	Beginners	2:45PM - 3:30PM	Wednesday	New Hope Church
Children 7 to 9	Beginners	1:45PM - 2:30PM	Wednesday	New Hope Church
Teens 13+	Beginners	7:00 PM - 8:00 PM	Monday	Escondido Center for the Arts
Tots 4 to 6	Beginners	1:00PM - 1:30PM	Wednesday	New Hope Church

Tuition for classes is \$40 per person per month for one day a week classes.

There is NO COST for coming to try out classes. Email the instructor, Brian Cowell, at Cowell.swiftkickma@gmail.com to set up a time to come and visit our program. We would all love to have you be a part of our martial arts family and look forward to seeing new faces in the near future.

Please visit www.swiftkickma.com for more information about the SwiftKick program.

San Diego Christian Homeschools Board of Directors and Board Meeting Information

SD Christian Homeschools is a support group for homeschool families in San Diego County.

Website: www.sdChristianHomeschools.com

E-mail: SDCHgroup@yahoo.com

Voice mail: 858-353-1439

We are the servant-leaders of SDCH for the 2007/2008 school year. Please feel free to contact any of us with questions, comments, or suggestions you have. It is our blessing to serve the Lord by ministering to you. Please prayerfully consider joining our leadership team.

President:	Valerie McBrayer	valerie.mcbrayer@sdsheriff.org
Vice President:	Rebecca Herman	rlh-aoii@pacbell.net
Secretary:	Roxanne Kenny	roxannekenny@san.rr.com
Treasurer:	Bea Host	beahost@san.rr.com
Membership:	Janet Cobb	jjlaree@yahoo.com
Events:	Lisa Vaca	lisa@starbasejeff.com
Dad's Rep:	Wayne McBrayer	vadertyme@aol.com
Website:	Jeffrey Vaca	jeff@starbasejeff.com
Board Member:	Barry Kenny	kbrbak@aol.com
Board Member:	Kevin Host	kevin.host@Rxsol.com

Board Meetings

Board Meetings are generally scheduled on the Monday evening before Park Day each month and meet at various homes of Board Members.

February 4th	6:30 – Rob & Janet's house
March 10th	6:30 – Kevin & Bea's house
April 7th	6:30 – Jeff & Lisa's house
May 5th	6:30 – Barry & Roxanne's house

Please pray about how you can volunteer with us to serve the local homeschool community as a Board Member of SDCH. If you would like to attend a board meeting please e-mail Valerie McBrayer for address, meeting agenda, etc.

San Diego Christian Homeschools

"In all your ways acknowledge Him, and He shall direct your paths." - Proverbs 3:6

Event Registration Form for all Field Trips, Classes, and Special Events

Parent's Name: _____ Date: _____

Is your family a current member of SDCH? Yes No (if not please give us your information below so that we can remind you the dates/times of the items you are signing up for, and please include payment of any non-member fees with this form)*

Home Phone: _____ Cell Phone: _____

E-mail: _____

Names (& ages) of Children: _____

REGISTRATION FORM DIRECTIONS:

1. Using the SDCH Newsletter, Website, and E-mail Updates, determine the items you wish to participate in.
2. At Park Days or other occasions place your name(s) on the sign up list of each item you are interested in.
3. Fill out this form indicating each item you have signed up for, number of family members, and total costs.
4. Add all items together, enter the sum at the bottom, and make your check payable to SDCH for the amount.
5. Place your form and check in an envelope and deposit it in the box at Park Day or mail it to Events Coordinator.

✓	Name or Description of Class, Trip, Event:	Date/Time:	Adults	Kids	Total
			___ @ ___	___ @ ___	
			___ @ ___	___ @ ___	
			___ @ ___	___ @ ___	
			___ @ ___	___ @ ___	
			___ @ ___	___ @ ___	
			___ @ ___	___ @ ___	
			___ @ ___	___ @ ___	
			___ @ ___	___ @ ___	

I have enclosed cash ___ or check ___ (ck # _____) in the **TOTAL AMOUNT** of: _____

Deposit this form and your payment, made payable to SDCH, in the red box at Park Day (envelopes are available) or you may send it by mail it to Lisa Vaca, SDCH Events Coordinator, (address available upon request). The Treasurer, Bea Host, will give you an itemized receipt. Please watch e-mail announcements from the Events Coordinator regarding items you have signed up for. If you have any questions regarding events please e-mail us at SDCHgroup@yahoo.com or call Lisa Vaca. Thank you.

*Some of our activities may include a small fee for non-members. Please see the Newsletter or the sign up sheets for details regarding the item(s) you are interested in. Note: Membership in SDCH is only \$15 per school-year for the entire family (grandparents too). You may contact the Membership Coordinator, Janet Cobb at jjlaree@yahoo.com, to register your family or receive further details.